

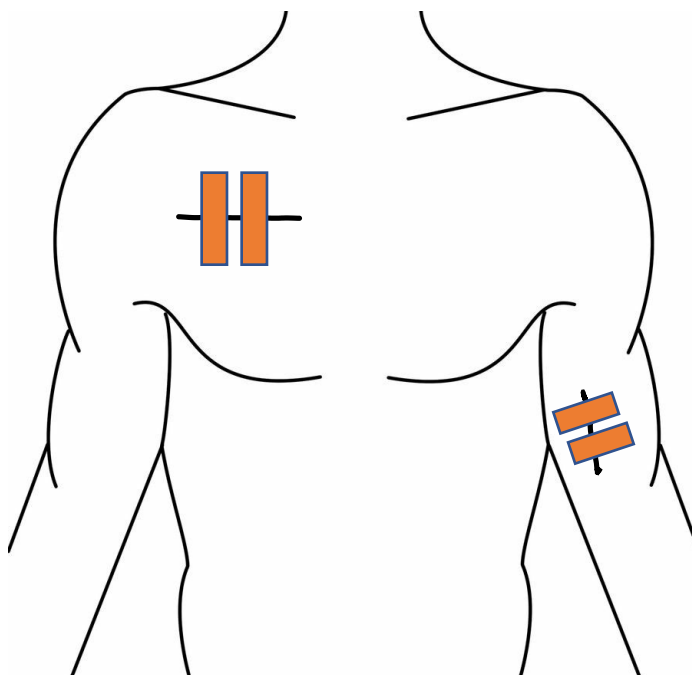
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### **Taping wounds following skin excision(s):**

Following an excisional biopsy of a skin lesion, improved wound healing can be achieved by supporting the wound with medical tape. This decreases the lateral traction forces on the wound and leads to less scarring and a smaller risk for the wound to open up or widen during the healing process.

Key points:

- Use a breathable tape e.g. Micropore (3M)
- Try to cover most of the wound; multiple strips might be needed
- Use 4-6cm. strips of tape (for a 2-3cm. extension on each side of the wound)
- Change tape weekly and use up to 12 weeks; trim edges that lift and change if needed if grubby or dirty



1. Rosengren H, Askew D, Heal C, Buettner PG, Humphreys WO, Semmens L. Does taping torso scars following dermatologic surgery improve scar appearance?. *Dermatol Pract Concept* 2013;3(2):13